

ORGANIC SHEA BUTTER HUT SHEA ESSENTIAL HAIR RENEWAL SYSTEM DIRECTIONS

Shea Essential Hair Renewal System includes: Organic Palm Fruit Butter, Black Soap, and *Shea Essential Hair Renewal Shea Essential Hair Renewal System recommended use once per week.

STEP 1: Organic Palm Fruit Butter is an excellent pre-poo hot oil treatment and deep conditioner in one product. Use **Organic Palm Fruit Butter** 1- 4 times per month. Apply to scalp, massage into scalp. Put on a plastic cap (sit under dryer for deeper penetration) and leave on scalp at least 30 minutes for dry damaged hair may be left on scalp longer (over night is great). Follow with **Black Soap recommended hair cleansing technique**.

STEP 2: Black Soap recommended hair cleansing technique once per week - rinse hair with warm water for 1½ - 2 minutes; making sure all hair surface is completely drenched. Shake **Black Soap** well before use. Apply needed amount to work into a thick lather. Cleanse hair and scalp once. Rinse well - squeeze excess water from hair with satin towel. Follow with **Shea Essential Hair Renewal application technique**.

Shea Essential Hair Renewal application technique: using application stick take 1/8 - ½ teaspoon (depending on the length of your hair) of **Shea Essential Hair Renewal** and slightly melt by rubbing hands together apply to one section of scalp at a time; continue until entire scalp is treated (may be applied to hair shaft and tips if hair is dry or damaged). For thinning or bald spots massage scalp with small amount of **Shea Essential Hair Renewal** 1-2 times daily. Style as usual.

NOTE: Do not use water or spritz as a styling tool; natural hair should never be hard it should always be soft and free flowing. After swimming or excessive sweating if desired rinse hair with clear water; use **Essential Hair Detangler recommended hair detangling technique along with Shea Essential Hair Renewal** recommended styling technique.

****SHEA ESSENTIAL HAIR RENEWAL SYSTEM is GREAT for ALL hair types!**

ORGANIC SHEA BUTTR HUT SHEA ESSENTIAL HAIR MASQUE DIRECTIONS AND STYLING TIPS FOR NATURAL CURLY LOOK

To achieve Natural Hair Curly Look follow **STEPS 1 and 2**; then proceed with the following directions

STEP 3 after cleansing with **Black Soap** once per week apply **Shea Essential Hair Masque** (for dry damaged hair only) to hair shaft and tips put on a plastic cap and sit under the hot dryer for deeper penetration 15-30 minutes. Rinse hair well with warm water. **STEP 4: Essential Hair Detangler (for hair that tangles) recommended hair detangling technique:** after using **Shea Essential Hair Masque**, mist one section at a time smooth hair shaft to tip with hands and detangle tips first then pull comb or brush from root to tip. Follow with **Shea Essential Hair Renewal** recommended technique (see above) doing one section of hair at a time. Plait each section (three strains loose from head or twist (two strains loose from head) stopping short of the tip--twist tip. Depending on length and thickness hair should be divided into 12-25 sections. Remember less sections yield larger curls/more sections yield smaller curls. Move to the next section and repeat until all hair is done. Let dry over night or sit under hot dryer. Once hair is dry - take care loosing each section. Separate each section with your hands. **DO NOT USE COMB or BRUSH** when loosing or styling hair! Use a satin night cap for sleeping (to avoid tangling longer hair see ***below). In the morning remove cap hold your head down and pull your curls to separate. If you follow the steps above your hair should last 1 week. ****Mid week touch** - If your hair becomes dry (from excessive sweating or curls are too tight or too loose): section hair in 4 sections with your hands. Mist with **Essential Hair Detangler** smooth with hand add a little **Shea Essential Hair Renewal** plait and let dry; loosen and you have a softer curl. *****For hair that is 12 inches or longer and prone to tangle** section hair into 4 sections with hand and plait loosely before bed, sleep in satin cap. In the morning separate each section with your hands. Your hair will be less prone to tangle and more free flowing.



3 strain Plait (same as a braid but hangs loose from head). When you get to the tip (about ½ -1 inch) section hair in two sections and twist the tip.