

ORGANIC SHEA BUTTER HUT SKIN CARE & SKIN DISORDER DIRECTONS

Black Soap recommend use: Use two times a day (morning and evening) recommended cleansing technique - Face: (Shake well before each use) Apply several drops to a damp cotton facial pad, cotton ball or hand using circular motion cleanse entire face, neck and gently around eye area. Rinse well blot dry. Using a clean cotton ball or facial pad apply Witch Hazel Extract to entire face. Apply **Shea Essential Product and/or Shea Butter** recommend application technique - Face below).

Black Soap recommended cleansing technique - Body: Apply a small amount of **Black Soap** to bath puff, body sponge or bath mittens; work into a lather and cleanse entire body. Rinse well and dry. Using a clean cotton ball or facial pad apply Witch Hazel Extract to affected areas only. Follow with your **Shea Essential Product or Shea Butter**.

Shea Essential Product and Shea Butter: recommend Use: Twice daily - morning and evening. *Tip: Shea Essential Product and Shea Butter are very concentrated remember a little goes a long way!*

Shea Essential Product and/or Shea Butter recommend application technique - Face: Take a small amount of product with your applicator stick and apply directly to face by dotting on affected areas, gently in circular motion massage into face and neck. (**if you have dry patches, pimples or damaged area apply to those area ONLY three to four times daily until they clear up - **NOTE always cleanse with Witch Hazel prior to application). Allow **Shea Essential Product or Shea Butter** to absorb into your Face.

Shea Essential Product and/or Shea Butter recommend application technique - Body: Take 1/8 teaspoon at a time and melt in your hand by rubbing hands together. Start at feet and work your way up repeating melting process until every inch of your body has been covered (NOTE: Skin Disorders apply **Shea Essential Product** to affected area only) Apply . Allow **Shea Essential Product and/or Shea Butter** to absorb into your skin.

NERVE, ARTHIRITIS & MUSCLE SPASMS Massage needed amount into affected area as needed. **SPIDER VEINS & SCAR PRODUCTS** - Massage needed amount into affected area twice per day.

Black Soap Caution: As with any soap be careful not to get into your eyes; if this occurs flush eyes with water. You may experience a little redness on the face after use be sure to apply **Shea Butter and/or Shea Essential Product** to moisturize. **Black Soap is excellent for washing hair (you only need to lather once)

Body Scrub, Facial Scrubs and Dead Sea Mineral Mud Directions

Shea Butter Facial Scrub, Shea Butter Body Scrub, Dead Sea Mineral Mud. NOTE: Recommend Use: 1-2 times per week. Do not use scrubs on damaged or injured skin use Dead Sea Mineral Mud.

Shea Butter Jojoba Facial Scrub is a rich blend of Raw Organic Shea Butter and Organic Oils with micro-mini Jojoba beads for gentle exfoliating. Recommend Use: 1-2 times per week. Recommend technique: Using cotton facial pad or cotton ball take small amount and apply to dry unwashed face. In a circular motion gently massage entire face, close around eyes and neck area (don't forget back of neck). Rinse well (best in shower) blot dry. Cleanse with Witch Hazel. Follow with your **Shea Essential Product or Raw Organic Shea Butter**.

Dead Sea Mineral Mud: Recommended Use: 1-2 time per week. Recommend technique: Using a 1 ½" paint brush (or hand) apply a thin layer all over the face and/or body with the exception of your eyes and eye lids or just apply the affected area. Leave on 15-20 minutes then rinse with warm water. Follow with your **Shea Essential Product or Raw Organic Shea Butter**.

Shea Butter Body Scrub is a luxuriously thick and creamy textured body scrub that is designed to help detox and exfoliate the body, revealing a new layer of smooth, shiny, healthy skin. Recommend use: Once per week. Recommend technique: After cleansing with **Black Soap** apply 1 tablespoons to bath cloth, body sponge or bath mittens in a circular motion start at your problem areas first then complete the entire body. Rinse well, blot dry. Follow with your **Shea Essential Product or Raw Organic Shea Butter**.

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